

Training Module 3: First Pathways Game

Key Points:

- The *First Pathways Game* is 250 age-appropriate activities for children (ages 0-8 years) and adults to play together to strengthen brain pathway development.
- All activities in the *First Pathways Game* use materials that are typically available around the house, so purchasing materials is not necessary.
- The *First Pathways Game* is freely available to all who want to play at **www.firstpathways**-game. com.
- There are games specially designed for children with special learning requirements found under the section of the website "Games for the Diverse Learner".

Summary of Lesson:

- Register new game players at **www.firstpathwaysgame.com**, by clicking "register".
- Choose an age category and you'll be taken to the **activity wheel.** Spin the activity wheel and find out which activity to do next. When the activity wheel has landed on an activity, you can click on the activity to learn more about it and see other families trying it out.
- Most activities have activity videos which show various families doing the activity. Notice how each family has their own way of interpreting the instructions. That is great!
- We recommend doing 2-3 activities each day to really strengthen brain pathways during the first 8 years of life.





- Games for children with special learning requirements can be found under the section of the website "Games for the Diverse Learner". These games are listed by level (Levels 1-3).
- Pay attention to all of the communication cues you get from your child so you learn activity adaptations they like the most. The more kids are enjoying playing a game, the more they will play it and the stronger the brain pathways that they will build.