



TEXAS DEAFBLIND PROJECT

Bowl to Sink Routine

List of materials

- Student's blue snack bowl
- Basket attached to the student's rolling Adapted Mobility Device (AMD)

Setup

- The blue snack bowl is on the table. Let the student put the bowl independently, or observe you placing the bowl, in the Finished Basket on the AMD.
- The AMD is set up to the right of the student and the table.

Implementation Considerations

- To help make this routine purposeful and to further help the student understand when we need to take a dish to the sink, this routine was paired with a Snack Routine. This allowed the student to first use the bowl in a meaningful way (to eat pudding, goldfish, etc.) and then experience taking the bowl to the sink.
- There are many steps involved in washing dishes. In order to keep teaching this routine manageable for all involved, the sensory team worked to further break down the steps involved and chose to start with where the student was able to participate most independently. As the student becomes more familiar with the process of taking the bowl to the sink, then the next steps can be introduced.
- At the sink, the teacher uses a hand-under-hand prompt to assist the student in finding the bowl. She then uses wait time to see what the student will do without prompting and the student is able to be successful.



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Routine Sheet

Activities	Scaffolding Steps	Data Collection Notes
When finished eating, student will place the bowl in the finished basket on his AMD.	1. Student places bowl in the finished basket. 2. Student hand-under-hand observes staff placing the bowl in the basket.	
Student will use a familiar route and his AMD to navigate across the classroom to the sink.	1. Student demonstrates anticipation by standing up and moving to the right to his AMD. 2. Student needs prompt to stand up and turn right.	
At the sink, student will reach into the basket and remove the bowl and place it into the sink.	1. Once he touches the sink, student independently retrieves the bowl and places it in the sink. 2. At the sink, student needs hand-under-hand prompt to retrieve the bowl.	
Student will use AMD to take route from the sink to his Calendar area.	1. Student demonstrates anticipation by turning to his right to walk to his Calendar area. 2. Student needs prompt to move towards his Calendar area.	

Attempt number 1 first, if unsuccessful after giving Wait Time, attempt number 2, and continue until the student is successful.



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